

Desofam Tablets

[Desogestrel 0.15mg with Ethinyl Estradiol 0.03mg]

AN IDEAL COMBINATION OF NEWER & HIGHLY EFFECTIVE CONTRACEPTIVES

with added benefits...

DOSAGE :

One white tablet daily, for 21 consecutive days followed by one brown tablet daily for seven consecutive days, according to prescribed schedule or as directed by physician.

Brief Rx information:

Description: Desofam is an oral contraceptive combination contains desogestrel 0.15mg and ethinyl estradiol 0.03mg. **Pharmacokinetic properties:** After oral administration, desogestrel shows rapid absorption, followed by distribution throughout the body, and subsequent excretion, not resulting in retention of the drug and/or its metabolites. **Dosage and administration:** One white tablet is taken daily at the same time, (preferably in the evening) without interruption for 21 days, followed by 7 brown tablets. Then begin a new pack of Desofam with out skipping a day. It is preferable that tablet intake from the first pack is started on the first day of menstruation in which case no extra contraceptive precautions are necessary. **Postpartum Administration:** Following childbirth oral contraceptive administration to non-breast feeding mothers should be started 21 days postpartum. If intercourse has taken place, Desofam use should be delayed until the first day of the first menstrual period. **Changing from 21/22 days pills to Desofam:** All tablets in the old pack should be finished. The first Desofam tablet is taken the next day i.e., no gap is left between taking tablets nor does the patient need to wait for her period to begin. Additional contraceptive precautions are not required. **Changing from 28 days (every day) pills to Desofam:** Desofam should be started after taking the last active tablet from the 'Every Day Pill' pack (i.e., after taking 21 or 22 tablets). The first Desofam tablet is taken the next day i.e., no gap is left between taking tablets nor does the patient need to wait for her period to begin. **Changing from a Progestogen-only Pill (POP or Mini Pill) to Desofam:** The first Desofam tablet should be taken on the first day of the period, even if the patient has already taken a mini pill on that day. Additional contraceptive precautions are not then required. All the remaining progestogen-only pills in the mini pill pack should be discarded. **To skip a period:** a new pack of Desofam should be started on the day after finishing 21 active tablets (the patient skips the 7 brown tablets). Tablet-taking should be continued in the usual way. During the use of the second pack she may experience slight spotting or breakthrough bleeding but contraceptive protection will not be diminished provided there are no tablet omissions. **Advice in case of missed pills:** If the forgotten tablet is taken within 12 hours, no further precautions are necessary, further tablets should be taken at the usual time. If one or more tablets are forgotten for more than 12 hours, contraceptive protection will be reduced. The patient should take the last forgotten tablet, even if this means taking two tablets in one day, and then continue to take tablets at the normal time. Additional contraceptive precautions should be taken for the next seven days. **Contraindications:** Hypersensitivity to any of the components of Desofam, pregnancy or suspected pregnancy, breast feeding, moderate to severe hypertension, hyper-lipoproteinaemia, arterial thrombosis present or in history (myocardial infarction, cerebrovascular accident), diabetes mellitus with vascular involvement, severe liver disease, cholestatic jaundice or hepatitis, endometrial hyperplasia, undiagnosed vaginal bleeding. **PACK:** Each pack of 1 x 28 tablets contains 21 white tablets (active) and 7 brown tablets (placebo).



*Contraception
with added benefits...*

'Medicines For All'



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ISO 9001:2000

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- ✦ Desogestrel is a **3rd Generation** synthetic progestogen.
- ✦ Desogestrel has a strong ovulation-inhibiting, progestational effect.
- ✦ Desogestrel has no estrogenic activity.
- ✦ Desogestrel has very weak androgenic* / anabolic profile.
- ✦ **Ethinyl Estradiol is a well known synthetic estrogen.**

* Does not produce masculine characteristics.

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R_x **Desofam**

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- Improvement in acne and mood change
- Reduction in facial hair growth
- Safety for long term use in women up to menopause
- Protection against endometrium and ovarian cancer
- Good cycle control & less period pain