

Help Conception

to translate into real life



Dirogest 10mg
Tablets
(DYDROGESTERONE)
Cis isomer

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PREFERRED CHOICE IN:

- ◆ **Habitual & threatened abortion**
- ◆ **Infertility due to luteal insufficiency**
- ◆ **Endometriosis**
- ◆ **Amenorrhoea (primary or secondary)**
- ◆ **Irregular periods in young females**
- ◆ **Dysmenorrhoea**
- ◆ **Menstrual complaints**
- ◆ **Adjunct to oestrogen replacement therapy**



Threatened abortion:	40mg at once then 10mg every 8 hours until symptom remits.
Habitual abortion:	10mg twice until 20th week of pregnancy.

Brief Prescribing Information:

Composition: Dirogest contains Dydrogesterone Cis isomer a synthetic steroidal compound and its structure is related to natural progesterone. **Description:** The colour of each tablet is white and smell is odourless. Insoluble in water, soluble in 17 parts of acetone. **Pharmacology:** After oral administration, dydrogesterone Cis isomer is completely metabolized approximately 63% of the dose is excreted into urine. Excretion is complete within 72 hours. The main metabolite of dydrogesterone Cis isomer is 20 α -dihydrodydrogesterone Cis isomer (DHD), excreted through urine as glucuronic acid conjugate. **Indication:** Habitual & threatened abortion, Infertility due to luteal insufficiency, Amenorrhoea (primary or secondary) Endometriosis, Irregular periods in young females, Dysmenorrhoea, Adjunct to oestrogen replacement therapy and Functional uterine bleeding due to hormonal imbalance. **Contraindications:** Missed abortion, Hepatic disease or dysfunction, Hypersensitivity to any of the components of tablet, Lactating mothers. **Precaution:** Break through bleeding in few patients, Gall bladder disease, Myocardial infarction, Thrombo-embolism. The pre-treatment physical examination should include patients with a history of psychic depression unusually heavy or long periods (often due to the start of menopause). **Adverse effects:** Nausea, Breast pain, Break through bleeding, Headache, Edema and Dizziness. **Dosage: Hormone replacement therapy:** In combination with continuous oestrogen therapy, one tablet of 10mg dydrogesterone Cis isomer daily during 14 consecutive days per cycle of 28 days. In combinations with cyclic oestrogen therapy, If endometrial biopsies or ultrasound would reveal inadequate progestational response, 20mg dydrogesterone Cis isomer should be prescribed. **Dysmenorrhoea:** 10mg twice daily from day 5 to 25 of the cycle, **Dysfunctional bleeding** (to arrest bleeding), 10mg twice daily for 2 to 7 days. **Amenorrhoea:** An estrogen once daily from day 1 to day 25 of the cycle, together with 10mg dydrogesterone Cis isomer twice daily from day 11 to day 25 of the cycle. **Irregular cycles:** 10mg twice daily from day 11 to day 25 of the cycle. **Infertility due to luteal insufficiency:** 10mg daily from day 14 to day 25 of the cycle. The treatment should be continued for at least 6 consecutive cycles. It is advisable to continue this treatment during first month of any pregnancy using the doses stated with respect to habitual abortion. **Presentation:** Each tablet of Dirogest contains dydrogesterone Cis Isomer 10mg, round in shape white tablets marked "D" on one side & other side marked "ZAZA" with 10 tablets in each blister, two blister in one pack. **Price:** One pack containing 20 tablets.

"Medicines For All"



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